ALANA LUNDGAARD

(586)804-1311 / <u>alanalundgaard@hotmail.com</u> / East Lansing, MI 48823 Portfolio: https://alanalundgaard.com/

Skills summary

Experienced in writing, reporting, and content creation with strong communication, leadership, and organizational skills. Proficient in marketing, social media, scheduling, and administrative tasks. Accomplished athlete with a proven track record of teamwork and innovation.

Experience

The State News

<u>Reference: Kim Margolis (Student Advisor)</u> 435 E Grand River Ave, East Lansing, MI 48823

GA Sports Reporter/Jan 2025- Present

- → Creating and pitching story ideas
- → Interviewing sources

Football Reporter/ Aug 2024- Dec 2024

- → Attending weekly press conferences and games
- → Scouting opposing teams
- → Wrote and published 36 articles in Fall 2024, leading all reporters at The State News.
- → GA Reporter/ May 2024- Aug 2024
- → Wrote and published 14 online articles

Total Health Systems

Reference: Terrence Gallagher (CFO/ Co-owner)

43470 Garfield Rd, Clinton Twp, MI 48038

Website content ghostwriter & Social media team / Dec 2023- Present

- → Writing and publishing articles
- → Editing providers articles
- → Informing patients on various approaches to health.

Health Care Assistant & Call Center Associate / August 2021- Aug 2023

- → Checking in and scheduling patients
- → Taking vitals and x-rays
- → Communicating with health insurance and other third-party payors

Medawar Jewelers

Reference: Catrine Medawar (Owner)

2168 W Grand River Ave, Okemos, MI 48864

Full-time Sales Associate/ June 2024- Aug 2024

→ Selling engagement rings and jewelry

All-Star Sports Center/ 2019-2022

Reference: Kamran Razzak (Owner)

51400 County Line Rd, New Baltimore, MI 48047

→ Concession stands, youth basketball coach, and scorekeeper

Involvements

Girls Gains MSU: All Girls lifting club at Michigan State University

Financial Coordinator/March 2023- present

- → Aided in the creation of the club
- → Manage funds and create bank accounts
- → Communicate with members

Education

Michigan State University: 426 Auditorium Rd, East Lansing, MI 48824

Current student: Michigan State University Major: Sports journalism Minor: Entrepreneurship and Innovation

Current Year: Junior Expected grad year: 2026

Awards and Achievements

Overall winner of John Simmons 2024 NPC bodybuilding show bikini category

→ Qualified for a national bodybuilding show

Four years of Varsity high school track

- → Broke two school records
 - → Qualified for states